

# earthspirit Ring Sizer

Use this sheet to find out your ring size using a ring you already have that fits. Try to use a ring with a similar width band to the one you want, as thicker bands may need a larger ring size.

1. Print out this page at 100% - make sure that 'Scale to Fit' or 'Shrink to Fit' are not selected.

2. Check the print size, this line should be 5cm long.



3. Put the ring over the circles opposite and find the circle which completely fills the inside of the ring with no overlapping.

4. Your size is the letter in the circle which matches the ring.

This ring sizer is just a guide, but remember, you can always return any ring which does not fit.



[www.earthspirit.org.uk](http://www.earthspirit.org.uk)